

Office of Faculty Development Newsletter

Andrew J. White Selected as James P. Keating, M.D., Professor of Pediatrics

Andrew White, M.D., the Philip R. Dodge, MD, Scholar in Pediatrics, has been selected as the James P. Keating, M.D., Professor of Pediatrics. After earning a B.S. at Brandeis University, Dr. White taught high school chemistry and played in a variety of bands including, "Andy White and the Red All Over," before starting graduate school at the University of Chicago as a chemistry PhD candidate. A lab explosion diverted his course into medicine as a medical student at the University of Texas, Southwestern, Health Sciences Center at Dallas. He then traveled to St. Louis Children's Hospital as an intern, resident, and fellow in Pediatric Rheumatology and Immunology. He is the Director of the Pediatrics Residency Program, Director of the Division of Pediatric Immunology and Rheumatology and Director of Rheumatology Services at the Shriner's Hospital. His areas of clinical interest



include Juvenile rheumatoid arthritis, juvenile idiopathic arthritis, systemic lupus erythematosus, juvenile dermatomyositis, mixed connective tissue disease, Sjögren's syndrome, hereditary hemorrhagic telangiectasia (HHT), immunodeficiencies and any diagnostic dilemma. He also has a longstanding interest in tropical fish and is known for having rescued a number of large and fragile fish when the large fish tank in the St. Louis Children's Hospital cafeteria tank was smashed during a fire a number of years ago. Dr. White's current research focuses on the clinical efficacy of novel pharmacotherapeutics in the treatment of juvenile rheumatoid arthritis and systemic lupus erythematosus, as well as investigations of gene expression arrays in familial autoimmune diseases. He also is the Co-Director of the Hereditary Hemorrhagic Telangiectasia Center of Excellence at Washington University.

Spotlight on Women in Medicine & Science

New Location

September 10, 2015 12:45 pm—2:45 pm
Cori Auditorium on Medical Campus near Shell Café
Bring your lunch; beverage and dessert will be provided

[Register Here](#)

WUSM female faculty members highlight their work in diverse fields of science as well as *share* the unique challenges they have faced in their careers in academic medicine.

Ana Maria Arbelaez, M.D.
Associate Professor of Pediatrics
Endocrinology
"Glucose Dysregulation and The Human Brain: From the lab to real life" 12:50 pm—1:20 pm

Angela Brown, M.D.
Associate Professor of Medicine
Cardiology
"Career Reflections: Engineering, clinical hypertension, and lemonade" 1:20 pm—1:50 pm

Elaine Mardis, Ph.D.
Professor of Genetics
The McDonnell Genome Institute
"Genomics: My life in team science" 1:50 pm—2:20 pm

Victoria Fraser, M.D., Chair
Department of Medicine

Lilianna Solnica-Krezel, Ph.D., Chair
Department of Developmental Biology

Faculty Development

Faculty Breakfast

“Getting the Most of Your Relationship with Clinical Staff”

Join us for presentation, discussion and breakfast from St. Louis Bread Co.

- Speaker:** Nannette Vaughn
WUSM Human Resources for Pediatrics
- Date:** September 18, 2015
- Location:** NWT10A
- Time:** 8:00 am—9:15 am (before Grand Rounds)
- Register:** [By September 15](#)

Diversity 4.0

The School of Medicine has utilized various measures to demonstrate its commitment to recognizing and strengthening diversity and inclusion efforts as part of its strategic vision and mission. Dr. Schwartz stands with this commitment and as such has communicated an interest in all members of each division participating in the available training that is being offered through the Human Resources Office. We are now offering the fourth in a four-part series moving from awareness to understanding to commitment to action.

The goal of this interactive training is to provide participants with an awareness and recognition of unconscious bias on the campus, in the workplace, and in the clinical care environment. Participants will learn that bias is often normative, unconscious and largely unintentional. There is, however, overwhelming evidence that unconscious bias may influence the selection and evaluation of candidates from entry-level to leadership positions in all institutions. Participants who complete the training will have a heightened awareness of unconscious bias and its effects on diversity and inclusion.

We hope that all of you will be able to attend **one** of the following 60 minute sessions. Attendance at Diversity 1.0 through 3.0 is not required to take advantage of this program.

Diversity 4.0 Training Workshop Dates

Registration Not Required

September 23, noon - 1 pm in NWT10A
September 29, 8-9 am in NWT10A
October 16, noon - 1 pm in NWT10A
October 22, 8-9 am in NWT10A

Faculty Development

Career Development Series

Clinical Research Training Center



2015 - 2016 Career Development Seminar Schedule

September 1

Promoting Professionalism

Career Development Retreat and Reception

James W. Pichert, PhD, Vanderbilt University

2:30 – 4:30pm Cori Auditorium

November 10

Research Funding and Portfolio Diversification

Brad Racette, MD, Stephanie Fritz, MD,

Ana Maria Arbelaez, MD, Washington University

2:30- 4:00pm Wohl Auditorium

December 8

Behind the Scenes: How did I get here?

Tom De Fer, MD, Susan Mackinnon, MD,

Jeff Peipert, MD, PhD, Washington University

2:30 – 4:00pm Wohl Auditorium

January 12

Building and Working in Effective Teams

Steve Miller, MD, Senior Vice President,

Express Scripts, Inc.

2:30 – 4:00pm Wohl Auditorium

February 9

Using Mentoring and Individual Career Development Plans to Facilitate Career Success

Victoria Fraser, MD, Washington University

2:30 – 4:00pm Wohl Auditorium

March 8

Topic TBD

2:30 – 4:00pm Wohl Auditorium

Contact Jen Mosher
(jmosher@dom.wustl.edu)
or visit the CRTC website,
crtc.wustl.edu

Career
Development
Seminars are free
and open to all. No
registration
necessary.

The Clinical Research Training Center is supported by Grant Numbers UL1TR000448, RL1TR000450, and TL1TR000449 from the National Center for Advancing Translational Sciences (NCATS), Washington University in St. Louis School of Medicine, and Barnes-Jewish Hospital Foundation.

Excellence in Medicine

Appointment

Kara Hennelly, M.D., is appointed as Assistant Professor of Pediatrics on the Clinician Track in the Division of Emergency Medicine. Dr. Hennelly earned her B.A. and M.D. at the University of Missouri Kansas City before coming to St. Louis Children's Hospital for her internship and residency in pediatrics.



She then traveled to Boston for a fellowship in Pediatric Emergency Medicine at Boston Children's Hospital where she stayed on as an instructor, serving as Co-Director of the Pediatric Emergency Medicine Rotation and Associate Fellowship Director. She has ten publications in the areas of pediatric trauma and pediatric appendicitis. In 2011 she received the Emergency Medicine Professionalism Award.

Promotions

Ana Maria Arbelaez, M.D., is promoted to Associate Professor of Pediatrics on the Investigator Track in the Division of Endocrinology and Diabetes and the Patient Oriented Research Division. Dr. Arbelaez earned degrees in Biology at the Universidad del Valle School of Science and in Medicine and Surgery at the



Universidad Libre in Santiago de Cali, Valle del Cauca, Columbia, where she won the "PTA Medal" for Best Baccalaureate Student at Colegio Colombo Británico Universidad Libre and Medical Student of the Year at Universidad del Valle. She completed the Medical training program for Latin America, Jackson Memorial Hospital, University of Miami, Florida, then came for Pediatric Residency at St. Louis Children's Hospital, where she won the James P. Keating, M.D. Outstanding Pediatric Resident Award and the Missouri Chapter, American Academy of Pediatrics Outstanding Resident Award. Afterward, she was recruited for an Endocrinology Fellowship at Washington University where she won the Outstanding Fellow Teaching Award. She also earned a Masters in Science in Clinical Investigation at Washington University. She joined the faculty in 2007 and is currently a Scholar of the Harold Amos Med-

ical Faculty Development Program of the Robert Wood Johnson Foundation. In 2013 she was awarded the Washington University Teresa Vietti Fellow Award. Dr. Arbelaez is recognized as a leader in the field of neural regulation of glycemia and was recently awarded an R01 entitled: "Hierarchical Brain and Physiological Responses to Hypoglycemia and Hypoglycemia-Associated Autonomic Failure in T1DM." She is a project PI on a P01 entitled, "Glucose Metabolism and the Default Mode Network in Health and Disease" aiming to determine the effects of hyperglycemia, hyperinsulinemia, and insulin resistance in brain glucose metabolism and to assess the potential links between DM and Alzheimer's Disease. Additionally, she is a co-investigator in two R01 projects: "Central Dopamine Receptors in Obesity" and "Type One Diabetes in the Brain in Children: Metabolic Interventions," a longitudinal study in children with type one diabetes undergoing serial MRI scanning and neurocognitive testing as well as CGM to assess the impact of dysglycemia on brain anatomy and function. In addition to numerous invited lectures on these topics, Dr. Arbelaez has published more than twenty five manuscripts in peer-reviewed journals including *Diabetes*, *Diabetes Care*, and *Journal of Pediatrics*.

Excellence in Medicine

Promotions

Adrienne Atzemis, M.D., is promoted to Associate Professor on the Clinician Track in the Division of



Emergency Medicine. She received her M.D. from Creighton University School of Medicine and completed her residency in Pediatrics at Cardinal Glennon Children's Hospital. She completed a Pediatric Forensic Medicine Fellowship at Louisiana State University Health Science Center and was the Director of the Audrey Hepburn CARE Center and New Orleans Children's Advocacy Center, as well as director of the Forensic Medicine Fellowship Program in the Department of Pediatrics. She was certified in Child Abuse Pediatrics in 2009, the first year certification was offered. After joining the faculty at Washington University she became Medical Director of St. Louis Children's Hospital Child Protection Program and Program Director for the Child Abuse Pediatric Fellowship at the Department for Pediatrics at Washington University's School of Medicine. Her programs include the Sexual Assault Nurse Examiner (SANE) Program for staff who respond to every acute sexual assault case in the St. Louis Children's Hospital Emergency Department. Recently she served as lead author of the SAFE-CARE Emergency Screening Guidelines, a medically-based screening protocol for the medical response to child sexual abuse developed by the SAFE-CARE Advisory Board, approved and published by the State of Missouri Department of Health and Senior Services and she is an active member of the Governor's Task Force for the Prevention of Child Sexual Abuse MDT Working Group. In addition to giving numerous lectures and presentations on child abuse and child sexual abuse, Dr. Atzemis provides testimony in cases of child abuse and neglect. Dr. Atzemis' research interests include educating healthcare professionals in the topic of child maltreatment, the effects of the medical evaluation on child victims of sexual abuse, and abusive head trauma.

Avihu Gazit, M.D., is promoted to Associate Professor of Pediatrics on the Clinician Track in the Division of Critical Care Medicine. He earned his M.D. from



the Bruce Rappaport Medical School, Technion-Israel Institution of Technology, and then served his residency at Bnai Zion Medical Center, Haifa, Israel, where he was for many years a Major in the Israeli Defense Forces

in the Paratrooper Division. After his residency he came to St. Louis where he was a pediatric critical care and cardiology fellow at St. Louis Children's Hospital. Dr. Gazit is Medical Director of the Cardiac Intensive Care unit at Saint Louis Children's Hospital, Chief of the Pediatric Critical Care Medicine Cardiac Critical Care Section, and Leader of the Paracorporeal Lung Assist Device Work Group. His research activities include serving as a co-investigator of an NIH study, "Risk Assessment Using Noninvasive Measurements in Postoperative Pediatric Patients." His most recent paper, "Successful bridge through transplantation with Berlin heart ventricular assist device in a child with failing Fontan," in the *Annals of Thoracic Surgery*, brings his number of publications and book chapters to more than twenty.

Matthew Goldsmith, M.D., is promoted to Associate Professor of Pediatrics on the Clinician Track in the Division of Critical Care Medicine. He is also a member of the Division of Biology and Biomedical Sciences. Dr. Goldsmith earned a B.S. in Anatomy and Physiology, a M.S. in Anatomy and Cell Biology, and an M.D. at the University of Toronto, where he won numerous awards including the C.S. Wainwright Memorial Scholarship, the Carl Witus Prize in Pediatrics, and the Cody Gold Medal (graduated 1st overall, School of Medicine) before coming to St. Louis Children's for his pediatric residency, chief residency, and fellowship in Critical Care Medicine. He was awarded the James Sutherland Award for Outstanding Research by a Young Investigator in 2006. He was previously the Director of the Pediatric Critical Care Fellowship Program and is currently the Medical Director of the Pediatric Intensive Care Unit. He is co-leader of the Pediatric Critical Care Leadership group and the PICU Unit Based Joint Practice Team. Dr. Goldsmith has mentored numerous trainees at the undergraduate, graduate, and postgraduate level and has served as President of the Midwest Society for Pediatric Research and as Review Editor for the Section of Pediatric Critical Care for *Frontiers in Pediatrics*. His research interest is growth and regeneration.



Excellence in Medicine

Promotions

Erika Hayes, M.D., is promoted to Associate Professor on the Clinician Track in the Division of Infectious Diseases. Dr. Hayes earned her B.S., *cum laude*, in Chemical Engineering, and her M.D. at Washington University, where she received many awards including the Procter and Gamble Chemical Engineering



Scholar and the Ralph Bunche Award for Academic Achievement. For Pediatrics Residency, Dr. Hayes attended the University of California, San Francisco, and then returned to Washington University School of Medicine for a fellowship in Pediatric Infectious Diseases before joining the faculty. For two years she was a Visiting Lecturer at the College of Medicine of the University of Malawi, in Blantyre, Malawi. Her primary clinical expertise is in the area of HIV/AIDS. She is the Medical Director of the Washington University Pediatric HIV Clinic and has served on the Saint Louis HIV Primary Care subcommittee, the Perinatal HIV infection working group, the Pediatric and Adolescent HIV quality committee, and the Project ARK planning committee. She serves as Coursemaster and Lecturer in selective course on HIV for 1st year Medical Students titled: "Introduction to HIV Topics, Pediatric HIV and Mother to Child Transmission," and is the faculty advisor and coordinator for "Students Teaching AIDS to Students." She has given numerous local and national lectures on topics related to HIV. In addition to her work on HIV, she is Co-coursemaster of the Pediatrics course for second year medical students and the SLCH Medical Director for Infection Prevention. She was awarded the 2014 Outstanding Teacher Award for General Pediatric Medicine.

Nikoleta Kolovos, M.D., is promoted to Associate Professor of Pediatrics on the Clinician Track in the Division of Critical Care. Dr. Kolovos earned her B.S. *magna cum laude* and M.D. at the University of Pittsburgh, where she received the John B. Reinhart Award in Pediatrics and Child Psychiatry and the Pharmacia and Upjohn Achievement Award.



She then completed her residency and a fellowship in Pediatric Critical Care Medicine at the University of Michigan Hospitals, Ann Arbor. She is currently focusing effort on Clinical Outcomes in the Center for Clinical Excellence, a diverse group of advisors to the twelve BJC Health Care facilities. The Clinical Advisory Group is comprised of health care professionals with expertise in the areas of medicine, nursing, pharmacy, infection prevention, public health and epidemiology. Dr. Kolovos works with the School of Medicine and BJC affiliated hospitals to identify, monitor and implement evidence based practices to improve Patient-Centered Outcomes. She has served as Medical Director of the Pediatric Intensive Care Unit and the Rapid Response Team, and as chief of the Medical/Surgical/Trauma Service in the PICU. During her tenure in those positions, she organized the PICU service into the Respiratory Failure/Sepsis Service, the Neuro/Trauma Service, and the Utility Consult Service, participated in developing the Neurocritical Care Service, and organized a nurse-practitioner staffing model in the PICU. Dr. Kolovos launched the Pediatric Rapid Response Team that has substantially reduced the number of unplanned deaths, decreasing hospital mortality by 20%.

Excellence in Medicine

Promotions

Cassandra M. Pruitt, M.D., is promoted to Associate Professor of Pediatrics on the Clinician Track in the Division of Hospitalist Medicine. She completed her M.D. at Texas Tech University Health Sciences Center School of Medicine and completed her residency and chief residency at University of Texas Medical Branch in Galveston, Texas. She



joined the faculty in the Department of Pediatrics, University of Texas Medical Branch, Galveston, Texas, where she was Pediatrics Residency Program Director before moving to St. Louis to join the faculty at Washington University. She has continued her interest in education here, becoming Associate Program Director of the Pediatric residency training program and the Community Outpatient Practice Experience (COPE) program. As a hospitalist, she serves as General Pediatrics ward attending, works on the SHARP service, the Circumcision Service, and as attending pediatrician at Missouri Baptist and Progress West, where she is the Medical Director of the Progress West Hospitalist program. She worked on the Development of Quality Tracking Measures for Hospitalist Division, which resulted in process improvements and presentation as posters at the Pediatric Hospital Medicine Annual Conference and as well as a publication in *Hospital Pediatrics*. She serves on the Executive Committee of the National Conference and Exhibition Planning Group of the American Academy of Pediatrics. In addition to her educational and clinical work, Dr. Pruitt has participated in research initiatives including serving as Co-Investigator on a project titled, "Examining Extended Shifts for Transport Team Nurses: Cognitive, Fatigue and Simulation Measures," and as Site Lead Investigator on the Improving Community-Acquired Pneumonia (ICAP) Project.

Shobha Bhaskar, M.D., is promoted to Assistant Professor of Pediatrics on the Clinician Track in the Division of Hospitalist Medicine. Dr. Bhaskar received her MBBS at Bangalore Medical College, Bangalore, India, and then served a residency in pe-



diatrics at Westchester County Medical Center at New York Medical College. She was in practice at Lake Regional Hospital in Osage Beach, MO, until joining the faculty. She is a Member of the SLCH Pharmacy, Diagnostics and Therapeutics Subcommittee, and ChildrensMD.org, posting pediatric news, advice to parents and discussions. Her educational efforts have included serving as a faculty preceptor for the WUMSI Practice of Medicine course, serving on the Pediatric Hospitalist Core Curriculum Advisory Board, and providing training for the WUMS4 Capstone Course.

Janis Stoll, M.D., is promoted to Assistant Professor of Pediatrics on the Clinician Track in the Division of Gastroenterology, Hepatology, and Nutrition. Dr. Stoll received her B.A. from Washington University and her M.D. from Eastern Virginia Medical School, Norfolk, VA, where she won the Holmes Gillette Memorial Award for the best graduate. Following a



residency in Internal Medicine and Pediatrics at the University of Chicago, where she was named Intern of the Year in Pediatrics, she served fellowships in Gastroenterology, Hepatology, and Nutrition and in Hepatology and Liver Transplantation at Children's Hospital of Boston. She is interested in obesity and nonalcoholic fatty liver disease and in liver transplant. She is Director of the multidisciplinary Healthy Start Clinic at Washington University, which she developed. She serves as the Obesity Lead in the PCORI study entitled, "PedsNET Healthy Weight Network," and as principal investigator of the Mid-America Transplant Services study, "Healthy Steps for a Healthy Start." She is a co-investigator on a number of transplant related studies including: Immunosuppression Withdrawal for Stable Pediatric Liver Transplant Recipients (iWith), Everolimus study in Pediatric Liver Transplant Patients, Studies for Pediatric Liver Transplants (SPLIT), Pediatric Acute Liver Failure Study Group, and Cystic Fibrosis Liver Disease (CFLD).

Excellence in Medicine

Promotions

Kristine Wylie, Ph.D., is promoted to Assistant Professor of Pediatrics on the Research Track. Dr. Wylie earned her B.A. cum laude at Southern Illinois University at Edwardsville, winning the Michael R. Levy Award in Cellular and Molecular Biology, and her Ph.D. in Molecular Microbiology and Immunology at St. Louis University, where she was named Graduate Student of the Year, then served a post-doctoral fellowship at Washington University with George Weinstock in the Genome Institute with a project on Metagenomic analysis of the human virome; discovery of novel microbes. She spoke on Understanding the Lung Microbiome at the American Thoracic Society this year and has been invited to give numerous presentations and invited lectures nationally and internationally on the human virome. She has more than thir-



Research Awards

PI	AWARD	TITLE
DeBosch, B.	RWJF/Harold Amos	Role of GLUT8 in Hepatic Metabolic Regulation
Garbutt, J.	CDI	Implementation Strategy for HPV Vaccine in Adolescents
Garwood, S.	Dana Brown Charitable Trust	Jennings SBHC
Garwood, S.	Express Scripts, Inc.	Jennings SBHC
Hayashi, R.	NIH/COG	Per Case Reimbursement: COG NCORP Research Base
Hayes, E.	CDI/EI	Summer Pediatric Research in Global Health Translation
Michelson, P	CFF	CF Center Program
Pittman, J.	CDI/II	Determinates of Change in Lung Function During Pulmonary Exacerbation & Recovery in Cystic Fibrosis

Research

Research Awards

PI	AWARD	TITLE
Plax, K.	STL MHB	The AWARE & TRAUMA Projects
Plax, K.	Boeing of St. Louis Employee's Community Fund	The Jennings SBHC
Plax, K.	BJH Foundation/Designated Funding Request	SPOT Discretionary Award
Plax, K.	STL MHB	The AWARE Project (Adult)
Plax, K.	HRSA	Use of Social Media to Improve Engagement, Retention and Health Outcomes
Rubin, J.	Celgene Corporation	Measuring Antigenic and Anti-Tumor Effects of a Novel Amide
Spinella, P.	CDI	Implementation Science Principles to Develop Blood Management Guidelines for Critically Ill Children
Storch, G.	HRSA	Coord HIV SVC/Access to Res/Children
White, N	NIH/UO1/GWU	Today 2 Phase 2 (T2P2): Long-Term Post Intervention Follow-UP

Work Life Balance

Benefit Options to Assist in Balancing Demands of Career & Home

Bright Connections: an online portal for dependent care information, support, and community networking.

Back-Up Care: Center based back-up child care; In-home back-up & mildly ill child care; In-home back-up elder/adult care. Dependents must be registered before care is provided. By phone at 877-242-2737 or online at [wustl.edu](#) and entering:
-User name: WUBACKUP
-Password: BACKUP

WUSTL Family Learning Center: for ages 6 weeks to 6 years. The center is located on the North Campus at the corner of Skinker Blvd. and Rosedale Ave., with easy access to the Delmar Metro Link station. For info contact the center director, Ann Bingham, at either annbingham@wustl.edu or 935-KIDS.

University City Children's Center: at 6646 Vernon Ave. in University City. A nonprofit, United Way agency providing innovative, quality education and a nurturing environment to a racially, culturally, socio-economically, and developmentally diverse population of children between 6 weeks and 6 years of age while providing supportive services to families. For additional information please visit the UCC web site at [ucc.org](#) or call 746-0148.

WU Nursery School: For children 2 years and 7 months to 5 years of age. Morning, afternoon or full day options 5 days per week.

Employee Assistance Program: Provides confidential, professional assistance to faculty and their immediate family members to help resolve problems that are affecting their personal life or job performance. Includes resources, related to financial consulting, legal consulting and child and elder care referral. Provides a 24-hour Caregiver Resource Line along with

on-line resources to help individuals find answers to FAQ about dependent care. 800-765-9124.

Lactation Facilities

Between Washington University School of Medicine, Barnes Jewish Hospital and St. Louis Children's Hospital, 29 lactation room spaces are available. Visit the website of [Facilities Management Department](#) for a complete list.

Downloadable Work/Life Balance Brochure

Or request a printed copy at braun_j@kids.wustl.edu

